Ref No. IPSCR/ 2026-27/CIR096 **Date: 14/07/26**

Dear Guardians,

Jai Hind!

Subject: CCA cum Parent Connect Event (Foundational Stage)
'Transforming Junk Food into Healthy Food'

We are delighted to invite you to a special **CCA cum Parent Connect Event** for Grades I & II. The aim of this event is to **promote healthy eating habits and strengthen the school–parent partnership** through a fun and creative activity.

Event Details:

- **Date:** 17.07.2026 (Friday)
- **Time:** 8:00 am – 8:45 am
- **Activity:** Junk Makeover Competition
- **Participants:** One student + one parent (team of two)

Competition Guidelines:

- No use of gas, induction cook top, or open flame.
- Pre- boiled /chopped ingredients may be brought from home.
- Teams will have 40 minutes to complete the activity.
- Bring all required ingredients and materials.

Judgement Criteria:

- **Taste:** The flavor, balance of ingredients, and overall appeal of the dish.
- **Presentation:** Neat plating, and innovative serving ideas will make a strong impression.
- **Hygiene & Cleanliness:** Teams should maintain proper hygiene while handling ingredients and keep their workspace tidy.
- **No Wastage** Efficient use of ingredients without unnecessary leftovers.
- **Nutritional Value**: Dish should highlight how junk food can be transformed into healthier alternatives.

Note: Kindly confirm your participation by filling out the Google Form shared with this circular by 16**.07.2026**.

https://forms.gle/m8B9H6MgvQzzuJhM8

We look forward to your enthusiastic participation in celebrating **creativity and healthy eating**.

With Regards

Ms. Monika Sirohi
F S In- charge

Mrs. Renu Sharma
Principal (IPS-CR)
Assistant Director - School Systems (IGS)